

Best Practices 1.

Adaptation of village for Safe guarding Environment

Objectives of the Practice	Helps identify real problems, seek greater understanding, explore innovative solutions and propose ways forward
The Context	<p>Karhe is a village in Sangamner Taluka, in the Ahmednagar District of Maharashtra State, India. It belongs to the Northern Maharashtra Region. It is located 100 km to the north of the district headquarters in Ahmednagar. 18 KM from Sangamner. Karhe's local language is Marathi. Karhe Village's total population is 1898, and the number of houses is 375. The female population is 47.9%. The village literacy rate is 64.9%, and the female literacy rate is 26.5%.</p>
The Practice	<p>Strategy of Work</p> <p>Community Needs Assessment: Conducting thorough needs assessments to identify priority areas of the work to be done for society. After the community need assessment, the village survey was taken with the help of NSS volunteers. All the volunteers were separated into groups. A survey was taken for the research of different problems such as health, cleanliness, and lack of awareness of the environment. Various local areas were selected for the investigation of the problem. The student visited every single home for the survey of the village.</p> <p>The problems found in the adopted village</p> <ul style="list-style-type: none"> • Health issues • Cleanliness in Village • Environmental awareness <p><u>Work done</u></p> <ul style="list-style-type: none"> • For Health <p>As per the survey, there is a need for health awareness among women, girls, children, and senior citizens. As per the need, a lecture by experts was arranged to raise awareness among the citizens.</p> <p>Activities Undertaken ;</p> <ol style="list-style-type: none"> 1. Dr. Pachore (Gynecologists, Sangamner) delivered a lecture on women's health awareness. (Anaemia and Nutrition) Beneficiaries: women and women, girl NSS volunteers. 2. The blood group and hemoglobin checking camp for girls was organized in collaboration with the Rural

Health Centre, Ghulewadi.
Beneficiaries: Girls of Karhe Village

- **For Cleanliness**

The survey shows that there is a need to educate villagers about sanitation and hygiene to reduce the spread of diseases and ensure better health outcomes. To create awareness among the residents, the volunteers visit the houses and raise awareness about cleanliness and its importance. They also give information about disease-spreading insects and their roles in causing diseases such as malaria, waterborne diseases, and foodborne diseases. The family shows a positive response to the volunteers.

Revannath Deshmukh delivered a speech on “Gramvikasachi Yukti Karun Tandamukti.”

- **For Plantation**

In the adopted village plantation, different native plants are selected for the plantation, the village road primary school campus, and the open space of the village. Plantations were done in the selected area with the active participation of villagers and NSS volunteers. The provision of plant protection is also done to protect the plants from domestic animals by using nets. The responsibility of watering the plants and the protection given to the villagers for 300 different plants such as Vad, Pimpal, Chinch, Wawala, Bamboos, etc.

The head and Professor Dr. B.D. Wagh (Department of Botany) guides us in the selection of plants and plantations.

Follow-up on plantation activity shows that 75 % of the plants are in good condition.

For Environmental Awareness

Creating environmental awareness in villagers helps in promoting sustainable development, protecting natural resources, safeguarding livelihoods, and ensuring the well-being of both present and future generations. So, with the help of experts and NSS volunteers, we raise environmental awareness among the citizens with the help of lectures and group discussions.

The following experts were invited:

1. Mr. B.R. Gawande (Registrar, S.B.V.P. Samaj)
2. Dr. Dinanath Patil (Principal, S.M. B.S.T. College, Sangamner)

Evidence of Success	<p>The environmental awareness program has a positive impact on the citizens. The villagers start to contribute to the conservation of the environment, reduction in pollution, preservation of natural habitats, and improved biodiversity. Villagers adopt practices such as proper waste management in their houses and villages and reforestation, contributing to the overall health of ecosystems.</p> <p>The combined outcomes of environmental awareness, health awareness, and plantation efforts in villages lead to holistic improvements in environmental protection, social responsibility, and health-related indicators, ultimately contributing to sustainable development and enhanced well-being for villagers.</p> <p>The health awareness program shows the positive impact on the villagers. The health awareness lecture promotes preventive measures against common illnesses, leading to a decrease in the prevalence of diseases.</p>
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Felicitation of Dr. Pachore (Gynecologist)



Mr. B. R. Gawande delivered a Lecture on the Importance of Cleanliness.



Village Cleaning Drive in karhe villege by NSS Volunteers



• Plantation in Crematorium at Karhe Village.



Best Practices 2.

Health and Hygiene awareness Programme for women in village

Objectives of the Practice	Good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives. It also prevents them from missing school, resulting in better learning outcomes. For families, good hygiene means avoiding illness and spending less on health care.
The Context	<p>Prioritizing awareness initiatives in rural areas is essential for promoting the health and dignity of women. By educating communities about menstrual hygiene, reproductive health, and common health issues affecting women, we can empower them to make informed decisions about their bodies and seek appropriate care when needed.</p> <p>Sahakar Maharshi Bhausaheb Santuji Thorat College of Arts, Science, and Commerce, Sangamner, and some interested and sensitized faculties have taken initiatives regarding the need for awareness about health and hygiene among rural women.</p> <ul style="list-style-type: none">• About the Visited Village: Sadatpur <p>Sadatpur is a village in Sangamner Taluka, in the Ahmednagar District of Maharashtra State, India. It belongs to the Northern Maharashtra Region. It is located 27 km to the north of the sub-district headquarters in Ahmednagar. 27 KM from Sangamner. Sadatpur's local language is Marathi. Sadatpur Village's total population is 1815, and the number of houses is 327. The female population is 48.87%. The village literacy rate is 76.51%, and the female</p>
The Practice	<ul style="list-style-type: none">• Strategy of Work <p>The strategy for improving health and hygiene among rural women involves a multifaceted approach. Firstly, community engagement and education programs should be implemented to raise awareness about menstrual hygiene, reproductive health, and common health issues. These programs should be culturally sensitive and delivered in local languages to ensure accessibility.</p> <p>Collaboration with experienced doctors, healthcare centers, and NGOs is crucial for the successful implementation of these initiatives. By addressing these factors comprehensively, we can empower rural women to take control of their health and well-being, ultimately leading to healthier and more prosperous</p>

communities.

The problems found in the visited village

- **Women's health issues**
- **awareness about menstrual hygiene**
- **Cleanliness**
- **Financial Inadequacy**

Action taken

For women, health issues

As per the survey, there is a need for health and hygiene awareness among women and girls. As per the need, a lecture by some of our faculties was arranged to raise awareness among women and girls.

Mrs. Varsha Sawant (Asst. Professor, Chemistry) communicated with local women.

- **awareness about menstrual hygiene**

The survey indicates that there is a need for vigilance about the menstrual cycle, accusations during periods, and how to take care during the cycle. So our team members gave them meaningful information about overall menstruation and menstrual hygiene.

- **For Cleanliness**

The survey shows that there is a need to educate women about sanitation and hygiene to reduce the spread of diseases and ensure better health outcomes regarding menstrual health. To create awareness among the residents, the faculties visit the community to raise awareness about cleanliness and its importance. They also give information about diseases caused by neglecting women's health during a delicate period.

- **Financial Inadequacy**

The root cause of ignorance towards women's health and hygiene is financial inadequacy; many of them are laboring women with lesser incomes who never afford sanitizing products, so our team members guided them on how to take care of their health using available tools and facilities.

Evidence of Success

- Women, especially girls, are aware of menstrual health and hygiene.
- The women get introduced to many new things, and they are curious about them.
- Girls and women are positively involved in the program.

Women Participated in Health Awareness Program at Sadatpur



Prof. V.B. Sawant discusses various issues regarding Menstrual Health and personal hygiene with rural ladies of Sadatpur



The girls participated in a health awareness program sharing their experience with faculty.



Best Practices 3.

Career Katta

Objectives of the Practice	<p>To provide opportunities for students to realize their full potential to become future Officers, Bureaucrats, Leaders, Entrepreneurs, and best of all human beings.</p> <p>At Career Katta, we understand the significance of skilled human resources in today's competitive job market. Our focus is on providing students with value-added skills that make them stand out in their chosen fields. Through various skill development programs, workshops, and training sessions, we equip students with the expertise and capabilities needed to excel in their careers.</p>
The Context	Students are not very aware and curious about competitive exams and business strategies.
The Practice	<p>Arranging various informative online and offline lecture series for students and guiding them under a. IAS Aaplya Bhetila :</p> <p>To support students interested in pursuing a career in civil services, we have introduced 'IAS Aaplya Bhetila' (Meeting the IAS). This program aims to prepare students for the highly competitive civil services examination. Through specialized coaching, expert guidance, and comprehensive study materials, we help students build a strong foundation and enhance their chances of success in the all-competitive exam examination.</p> <p>Udyojak Aaplya Bhetila :</p> <p>We believe in nurturing entrepreneurship among the youth. As part of our commitment to promoting entrepreneurship, we have launched 'Udyojak Aaplya Bhetila' (Entrepreneurship at Your Doorstep). This program offers aspiring entrepreneurs guidance, mentorship, and access to resources to turn their innovative ideas into successful ventures. We assist at every step, from concept development to business planning and implementation</p>
Evidence of Success	15 of our students are placed in various industries, 11 students are selected in state police services and 3 students qualified in the SET/NET exam
Problems encountered and resources	student's awareness and time constraint

Career Katta Five Year Scheme Discussion



Career Katta : Principal Guidance

