

S. B. V. P. Samaj's
S. M. B. S. T. College of Arts, Science & Commerce, Sangamner,
Dist. - Ahmednagar

Department of Physical Education and Sports

Report of the International Women's Day Sports Competition
Year 2023

S. M. B. S. T. College of Arts, Science and Commerce, Sangamner, Dist.- Ahmednagar organized Annul Sports Competition for college girls students on the occasion of **International Women's Day 2023**. The Sports Competition was held from 20th to 25th March 2023 on the college Ground.

The main objective of International Women's Day is to raise awareness for sports and act as a reminder about the positive aspects of sports and the continued need to promote gender equality in every way.

Hon. Dr. Sudhir Tambe Chairman, S. B. V. P. Samaj, Sangamner was the Chief Guest for the Inauguration function. Hon. Mr. Dattatray Chaskar Joint Secretary, S. B. V. P. Samaj, Sangamner was presents for this function. The College Principal, Dr. D. D. Patil presided Inauguration function. Sports competition was organized in two categories 1) Individual sports competition 2) Team game competition. The following sports were included for the competition to be held on occasion of women's Day.

Time Table

Sr. No.	Name of the Event	Date	Time
1.	Kho- Kho & Basketball	20 March 2023	9:45am to 1:00pm
2	Kabaddi & Volleyball	21 March 2023	9:45am to 1:00pm
3	100M Run, Shot put, Long Jump	23 March 2023	9:45am to 1:00pm
4	Discuss throw, High Jump, Yoga	24 March 2023	9:45am to 1:00pm
5	5000 M Run, Javelin Throw	25 March 2023	9:45am to 1:00pm

All team games competitions were held in Faculty wise i. e. Arts, Commerce and Science. The tournament was conducted as Knockout matches. The match astonished the whole crowd with its beautiful moments throughout the game. A total number of 150 women from 03 faculties i.e.

Arts, Science & Commerce participated in various sports competition. The Women's competition was successfully carried out under the guidance of Principal Dr. D. D. Patil and organizing secretary Dr. P. B. Khaire, Director of Physical Education with the help of all sports committee members.

Outcomes-

- Enhancement of Physical and mental abilities, body fitness, self-confidence.
- Development of Sportsmanship and self-discipline among girl students
- Development of social connections and self-esteem.
- Breakdown of gender stereotypes and development of leadership skills.



Dr. P. B Khaire

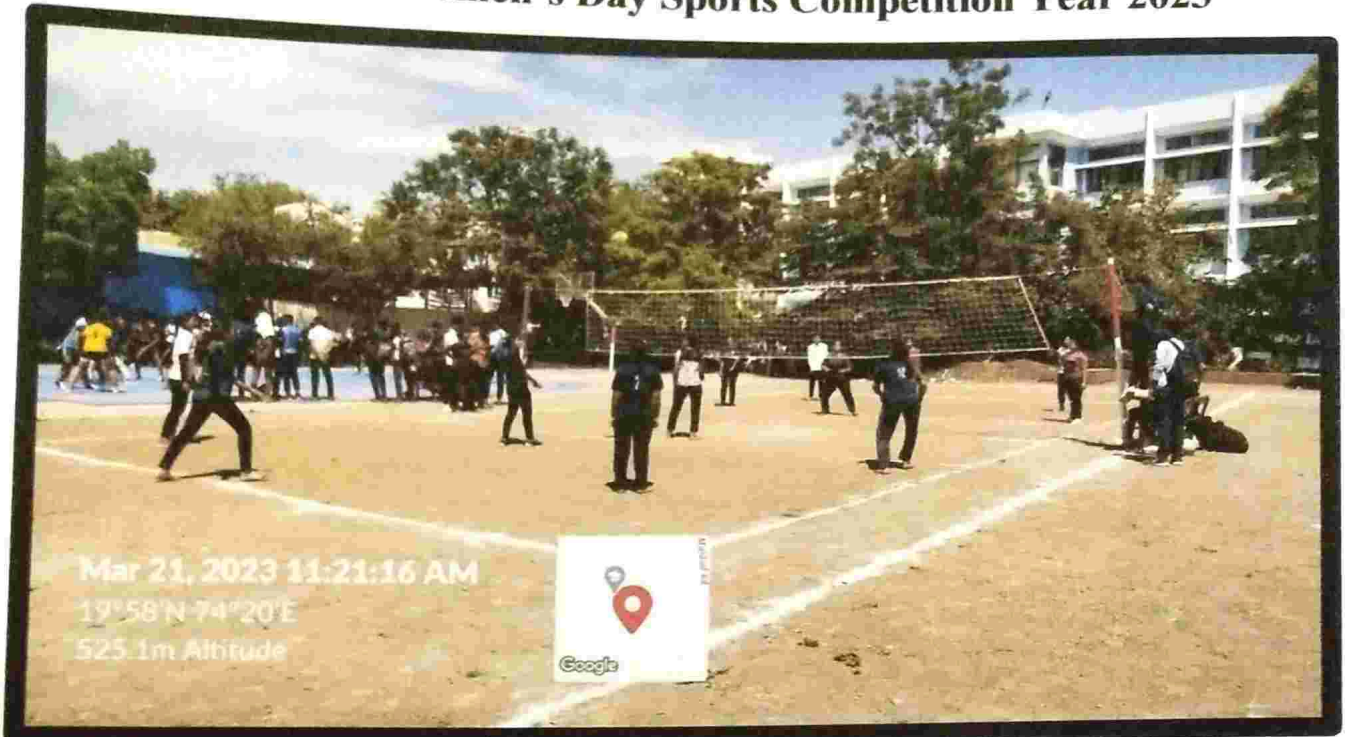
Director of Physical Education
S. M. B. S. Thorat College of
Art's, Science, Commers &
Computer Science College,
Sangamner-422605



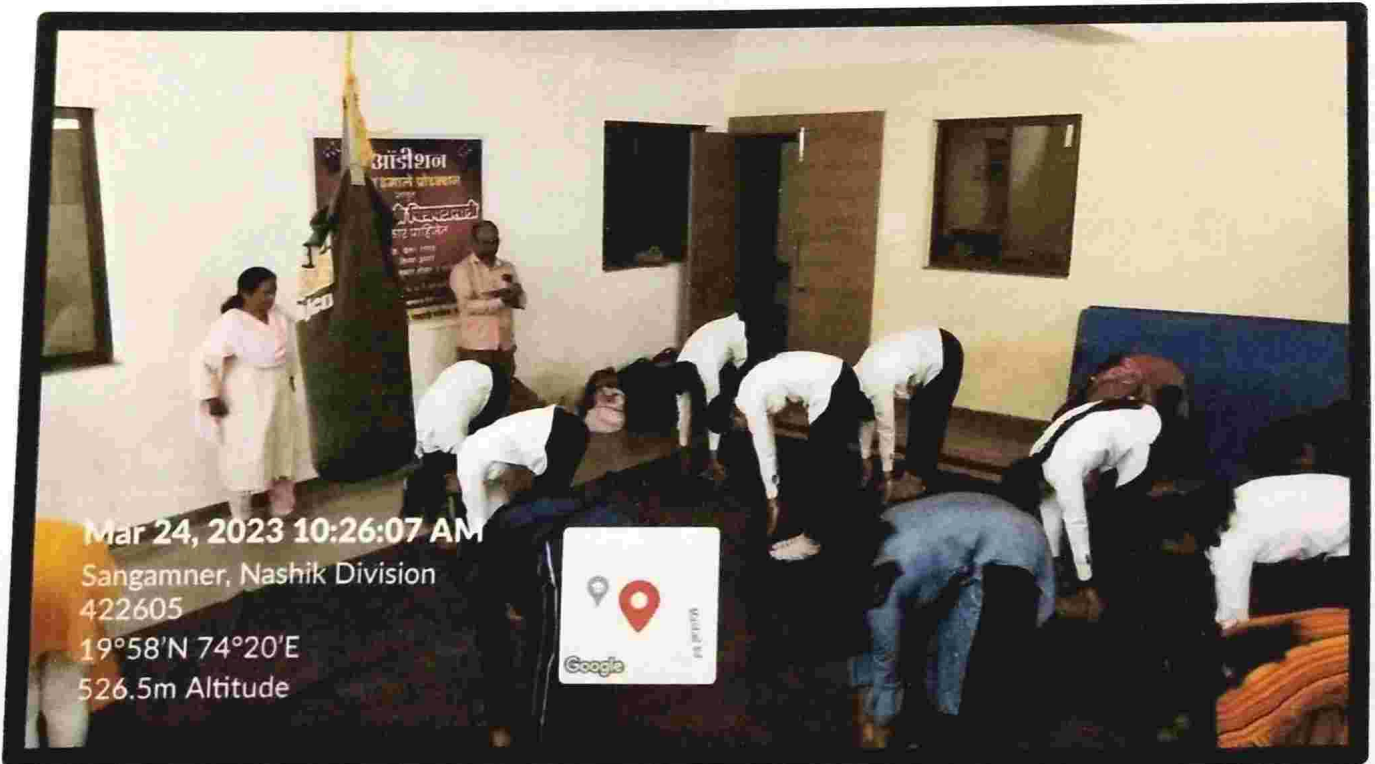
Dr. D. D. Patil
Principal

Sahakar Maharshi Bhausaheb Santuji Thorat
College of Art's, Science, Commers &
Computer Science College.
Sangamner-422605

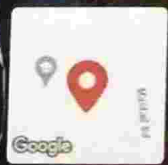
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International Women's Day Sports Competition Year 2023



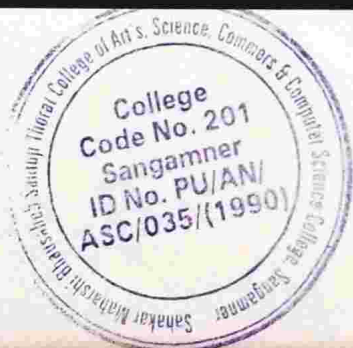
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Mar 24, 2023 10:26:07 AM
 Sangamner, Nashik Division
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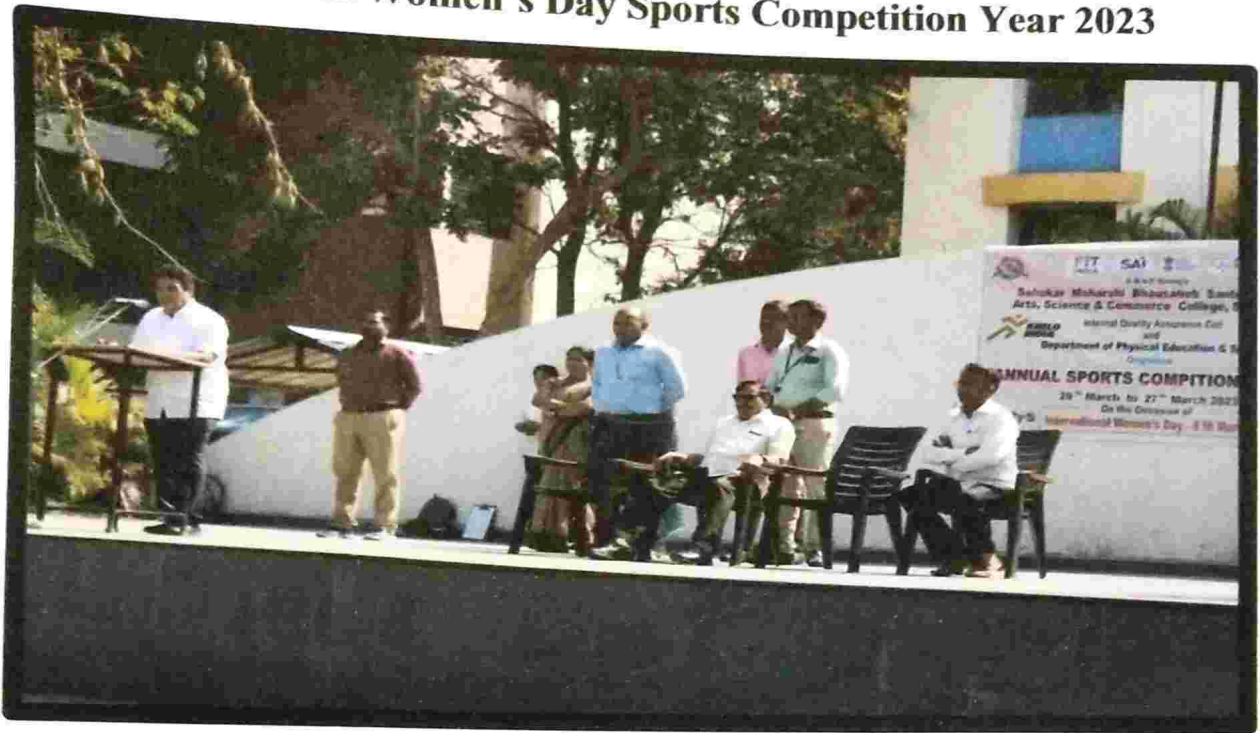


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 Director of Physical Education
 S. M. B. S. Thorat College of
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 Sangamner- 422605



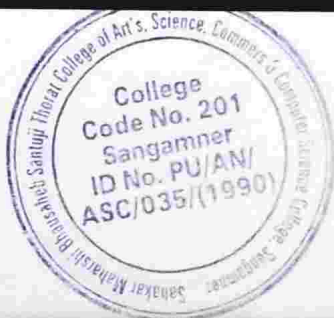
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Principal
 Sahakar Maharshi Bhausaheb Santuji Thorat
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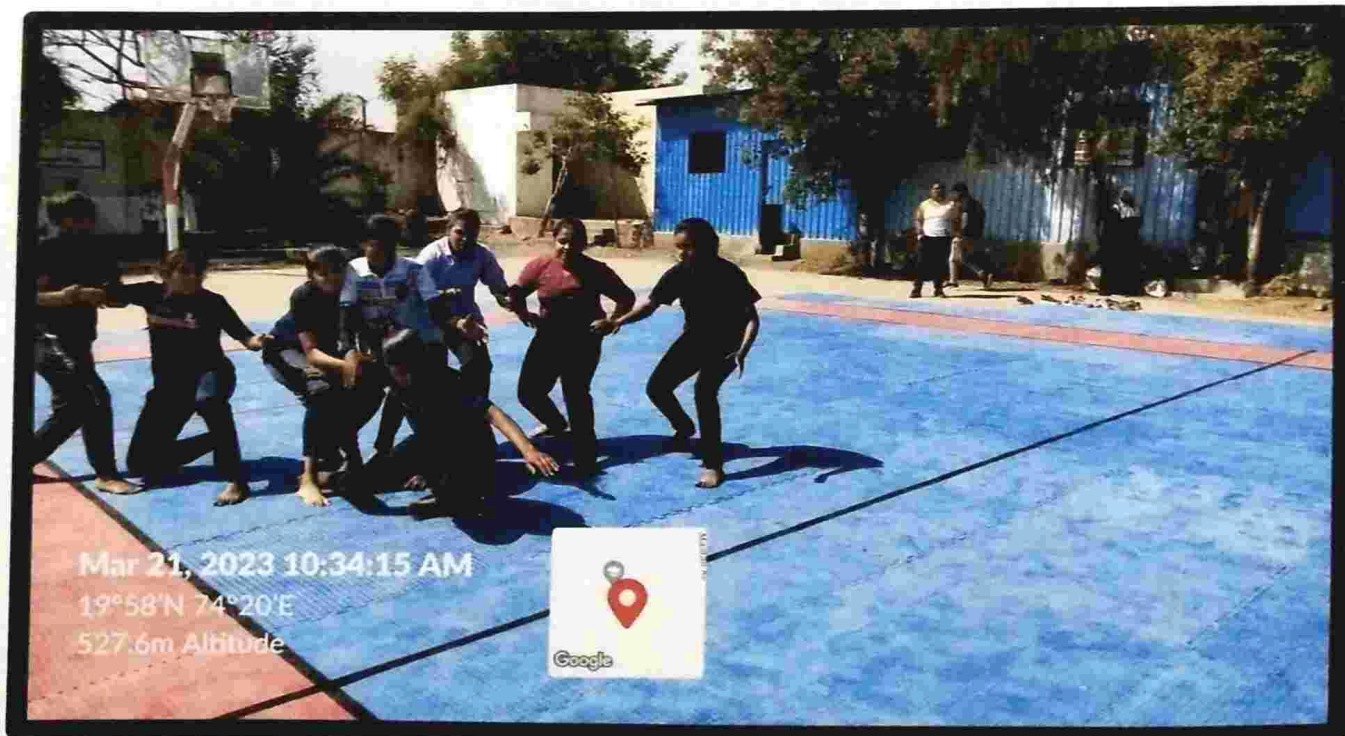
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Director of Physical Education
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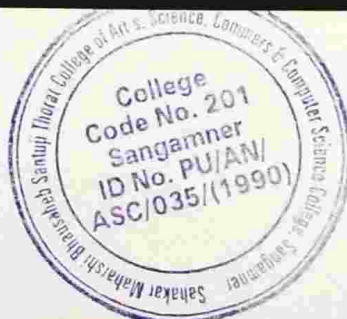


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