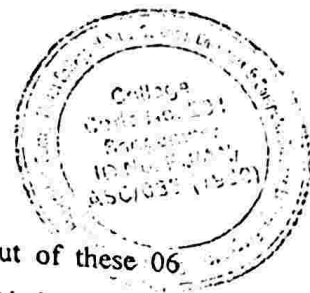




**S. M. B. S. T. College, Sangamner**  
**Annual Report**  
**Of**  
**Department of Physical Education and Sports**  
**Year 2021-22**

During the academic year 2021-22, students of the college participated in various sports Competitions. The following table shows the participation of students.

Sr. No.	Name of Sports / Game	Participated Boys / Girls	Result	Inter zonal/state Competition	Inter University/ National Competition	International competition
1	Badminton	05 Men	Participation	01 Men	-	-
2	Chess	05 Men 01 Women	Participation	-	-	-
3	Kabaddi	12 Men	Participation	-	-	-
4	Volley Ball	06 Men	Participation	-	-	-
5	Cricket	11 Men	Participation	-	-	-
6	Best Physique	01Men	Participation	01 Men		
7	Athletics	12 Men 05 Women	Participation	02 Women	-	-
8	Ball Badminton	06 Men	Participation	-		
9	Net ball	10 Women	Participation	01 Women	-	-
10	Squash Racket	02 Men	Participation	01 Men	-	-
11	5 <sup>th</sup> National Youth Game (Badminton) championship 2021, Goa	-	Winner	-	01 Gold (Singles) 01 Silver (Singles)	-
12	5 <sup>th</sup> National Youth Game (Badminton) championship 2021, Goa	-	Winner	-	02 Gold (Doubles)	-
13	Indo- Nepal International Athletics Championship 2020-21	-	Winner	-	-	01 Gold (3000 M Run)



Thus 76 players participated in Intercollegiate sports competition. Out of these 06 players were selected for Inter Zonal competition. 02 players participated in 5<sup>th</sup> National Youth Game (Badminton) Championship 2021 held at Madgaon, Goa. In this Badminton Championship **Mr. Shreeraj Kishor Deshmukh (SYBSc.)** who has win a Gold medal in Singles and Doubles and also **Mr. Aniket Sunil Jedhe (TYBBA)** has win a Silver medal in Singles and Gold in Doubles. **Mr. Rushikesh Dattatry Pawar (TYBBA)** who had participated in Indo- Nepal International Athletics Championship 2020-21 and secured Gold medal in the event 3000M Run (Athletics) held at Kaski, Nepal.

Sr. No.	Organized program/ activity	Date	Participation	Aim / Objective Program
1	International Yoga Day	21 <sup>st</sup> June 2021	50 No. of College Teaching, Non-teaching staff & college students were participated.	<ul style="list-style-type: none"> <li>• To develop the habit of meditation among youngsters so they enjoy more peace of mind &amp; self-awareness</li> <li>• To promote better mental and physical health of students through yoga practice.</li> <li>• To bring communities much close together to spend a day for health from busy schedule.</li> </ul>
2	Yoga Training program for Physical and Mental Health under Fit India Movement	29 Nov. 2021	215 No. of College Teaching staff & college students were participated.	To encourage college students to take fitness as a part of their life and do yoga every day fit healthy and stay healthy.
3	Intercollegiate Netball girls Competition	18 Feb. 2022	48 players participated from 04 colleges	To Increase Sports culture
4	Course 101, Physical Education & Sports	19 April to 30 April 2022	All first year college students & repeaters students. Boys - Girls- Total - of college students	To promote Physical activity among non-sportsman and to improve their health during the course of college education.

Under kind guidance of the Principal Dr. Patil D. D., the committee members Mr. Pokale A. L., Mr. S. B. Khemner, Dr. S. T. Rahane and Mr. S. P. Kadlag and Dr. P. B. Khaire, Director of Physical Education were able to carry out different activities and organize various programs under department of Physical Education and Sports.

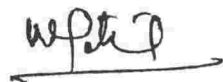
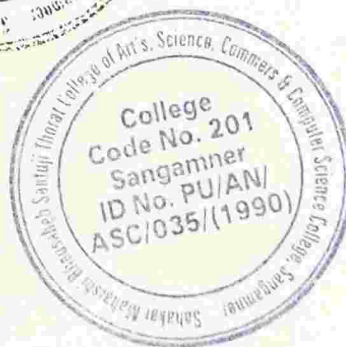
### Research Activities- Year 2021-22

Dr. P.B. Khaire is published research paper in **Research Nebula**, An International Refereed, Peer Reviewed & Indexed Quarterly Journal in Arts Commerce Education & Social Sciences with ISSN No. 2277-8071, Journal DOI 10.22183/RN, Impact factor 7.399 & Special Issue on 21<sup>st</sup> August 2021 page No. 113-114. The title of paper is "To selected Physical Fitness parameters among middle aged male individuals; A Descriptive study."



Dr. P.B. Khaire.

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Sangamner - 422 605



Dr. D. D. Patil  
Principal

Sahakar Maharshi Bhausaheb Santuji Thorat  
College of Art's, Science, Commerce &  
Computer Science College,  
Sangamner - 422 605

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Principal

Sahakar Maharshi Bhausaheb Santuji Thorat  
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