

S. M. B. S. T. College of Arts, Science and Commerce, Sangamner

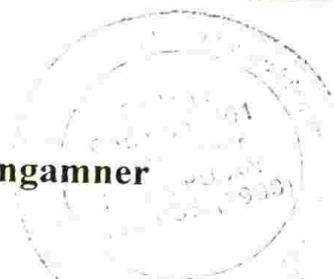
Department of Physical Education and Sports

ACTION PLAN FOR THE YEARS 2023 to 2024



Sr.no.	Month	Activity	Particular
1	July to November	1. Administrative work	<ul style="list-style-type: none"> • Departmental Meeting • To develop and maintain the playgrounds & Gymnasium. • To Maintain dead stock register
		2. Institution participating in external competition	<ul style="list-style-type: none"> • As per the schedule and circular of Host College nominated by Ahmednagar district sports zone for sports competition, proper practice and guidance is given to players or team of our college. • Participation in Intercollegiate, District level, State level and intergroup level competition.
		3. Organizing sports competition	<ul style="list-style-type: none"> • 01 or 02 Intercollegiate/ Intergroup competition Basketball(women), Netball (women), Kabaddi (women) or Kho-Kho (women).
		4. Motivational Programme	<ul style="list-style-type: none"> • To Organize Guest lecture or workshop for students to aware on Health, Physical Fitness, Diet etc. • To organize Sports Day, Independent Day. • To organize Coaching camp for players
		4. Skill development	<ul style="list-style-type: none"> • To conduct Training Programm for students on various sports like Kabaddi, Basketball, Volleyball, Boxing & Badminton etc. • To attend one workshop for staff conducted by S. P. Pune University, Pune
		5. Best Practice	<ul style="list-style-type: none"> • Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m

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2	November & December	1. Institution participating in external competition	<ul style="list-style-type: none"> • Participation in National or University level, State level and Intergroup level competition.
		2. Motivational & Skill Development Programme	<ul style="list-style-type: none"> • To Organize Guest lecture or workshop for students under MOU • To organize one certificate course (Yoga, Physical Fitness) for students.
		3. Research work	<ul style="list-style-type: none"> • Publication at least one research paper • To guide Ph.D. Students
		4. Curricular	<ul style="list-style-type: none"> • Physical Education Scheme (Credit 02) Repeaters / Backlog First year under Graduate Student
		5. Best Practice	<ul style="list-style-type: none"> • Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m
3	January	1. Organizing intra college competition	<ul style="list-style-type: none"> • To organize Annual Sports • To organize Taluka level Basketball, VolleyBall, Kabaddi or Kho-Kho Tournaments on the occasion of Women's Day
		2. Motivational Programme	<ul style="list-style-type: none"> • Departmental Meeting • To organize Republic Day • To Organize Prize Distribution Programme
		3. Best Practice	<ul style="list-style-type: none"> • Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m
4	February March	1. Curricular	<ul style="list-style-type: none"> • Under course 101- Physical Education & sports conduct a lecture on Every First year Classes. • Physical Education Scheme (Credit 02) Regular First year under Graduate Student Term end Examination
		2. Administrative work	<ul style="list-style-type: none"> • To prepare the financial budget of Gymkhana Department for the next academic year. • To Maintain dead stock register • To make proposal for purchasing Sports Equipment

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		2. Best Practice	<ul style="list-style-type: none">Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m
5	April & May	1. Motivational Programme	<ul style="list-style-type: none">1 May Maharashtra DayTo organize summer camp/ coaching camp of Sports game for players.



Dr. P. B. Khaire

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Dr. D. D. Patil

Principal

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