S. M. B. S. T. College of Arts, Science and Commerce, Sangamner

Department of Physical Education and Sports

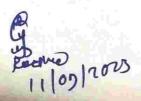
ACTION PLAN FOR THE YEAR 2022-23

As per the schedule and circular of Host College nominated by Ahmednagar district sports zone for sports competition, proper practice and guidance is given to players or team of our college. The players or team of our college participate in various sports competitions.

> First Term-

First Term-				
Sr. No.	Months	Activity		
1	June / July	Admission process,		
		21 June organize International Yoga Day		
		Departmental Meeting		
		To develop and maintain the playgrounds		
		Various sports/ game practice		
2	August	Game practice		
		Participation in intercollegiate /district level competition of Chess, Cross		
		country, Kho-kho etc., as per the schedule of Host College nominated by		
		Ahmednagar district sports zone.		
		• Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m.		
3	September	Game practice		
		 Participation in intercollegiate & district level competition of Kabaddi, 		
		Volley ball, Basketball, Wrestling, Table Tennis etc.		
		 Also participation in inter-zonal & state competition of selected players 		
		 Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m. 		
4	October	Game practice of Athletics, Cricket, Net ball etc.		
		 Participation in intercollegiate & inter-zonal competition of selected players. 		
		 Daily open Gym for students on 10:00 to 12:30 a.m. and 4:30 to 6:00 p.m. 		
5	November	Diwali vacation		
		 Game practice and participation in inter-zonal competition of selected players 		

[•] To organize Intercollegiate/Inter Group Sports Competition during the first term.



Second Term-

Sr. No.	Months Activity		
6	December	 Departmental Meeting To organize State / National level seminar Under course101- Physical Education & sports conduct a lecture on Every First year Classes {FYBA, FYBSc., FYBCom, FYBBA(CA), FYBBA, FYBSc(comp. Sci.)} and also organize game practice of every first year student. 	
7	January	 To organize Annual sports meet To organize Annul prize distribution ceremony To organize Republic Day Function. 	
8	February	 To develop and maintain the playgrounds. To organizes coaching camps of various sports & games in our college. To organize Guest lecture. To conduct Fitness Assessment exam of Physical Education Scheme (PES) for all first year students. 	
9	March/ April	 To prepare Result of PES Exam. To prepare the financial budget of Gymkhana Department for the next academic year. To organize 1 May Maharashtra Day function. 	

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